



Leonardo da Vinci's Vitruvian Man is based on the ideal geometric proportions of the human body sounded as musical intervals. Leonardo believed that the human body was a microcosm of the whole universe. When we are properly tuned through "the architecture of sound" our spirit moves effortlessly between the universal energy field (Heaven) and earth. In his drawing Earth (C-F) is represented by the square. The universal field (C-A) is represented by the circle. When the Vitruvian Man "squares the circle" (C-G) by touching the circle and square at the same time, he comes into perfect balance between heaven and earth (Please take note We are making the assumption that this image adapts and applies to the sonic archetypal experience of women as well). The perfect balance between heaven and earth is a dynamic vibrational state that is represented by the continual movement of the Vitruvian Man's arms and legs between the universal energy field and earth. The tapping of the Leonardo protocol creates a sonic experience of this archetypal movement.

We also have these upgrades available now on our website for those of you who already own a set of Body Tuners, or get the Leonardo set and want to upgrade to the Solar Harmonic Spectrum.

INTRODUCING... THE NEW BIOSONIC LEONARDO PROTOCOL™

For Sound Healing and Relaxation



The Leonardo Protocol™
is a sound healing tool based on
ancient knowledge and modern
research that works with balancing the
nervous system for increased health
and enhanced wellness.

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PROTOCOL PLAYING INSTRUCTIONS PREPARATION:

Before sounding the Leonardo Protocol, always determine your purpose. For example, if you are at home and are facing a challenging day, visualize meeting your challenges from a place of inner calm and drawing on all of your creative resources to create success. Allow your body to tune in to that feeling of success, and use that feeling to guide the speed at which you tap your forks. If you are working with a family member, friend, client or a group, there are many possibilities for the Leonardo Protocol. Take a moment and make a clear intention the Leonardo Protocol for the highest values of everyone. Allow this intention to guide the different sound dynamics, durations, and sequences as you tap the tuning forks.



1. Hold C256 in your left or right hand and hold F-G-A in your other hand.

2.



3. Stand with your feet, shoulder width apart and be silent and still until you feel the impulse to move.

4. Tap F-G-A on the edges with the C256. Allow your body to move with the sounds. Continue to tap and allow your body to move in different ways as the sound suggests.

5. When the sound stops, stand with your feet shoulder width apart and be silent. Allow the sounds to move through you.

6. When you feel you are finished, put the tuning forks down, drink some water, and resume your daily activities.

MEDITATIONS

Hold the C256 in one hand and either the F, G, or A tuning fork in the other. Tap the flat side of the tuning forks on your knees or an activator and bring them from one to three inches of your ears. Meditate on the sound.

Earth / Grounding C 256- F
Nervous System Balance C256 – G
Universal Field / Creativity C256 - A

